

Putting glam on the map

Tali Shine's shopping guide has star quality, writes KRISTA WILSON

Tali Shine, is the epitome of a Sydney glam girl. Fresh-faced, manicured nails, long sleek hair, a sexy dress and a pair of killer heels — and it's only 11am. It's all in a day's work for Shine, 22, author of *The Glam Girl's Guide to Sydney Shopping*.

"It's really important and I think more than anything else, looking good and having the right clothes is a state of mind

and it gives you confidence. If you feel wonderful then you're going to portray that," she says.

Shine's self-published debut book takes shopaholics on a tour of Sydney's shopping suburbs with insights into numerous tiny boutiques along with the hippest watering holes and sassiest hairdressers.

Complete with maps, even the most seasoned shopper can learn a thing or two from Shine's light-hearted narration and quick-witted style of writing.

"I've always loved shopping and I've always spent a lot of time doing it and researching where things are. People are always calling me and asking where to buy certain things. I kept thinking, 'I should really write a book because I'm constantly writing lists for people!'"

"Travelling all over the world, Shine bought numerous shopping guides — none of which met her standard. "I'd get frustrated because the shopping guides wouldn't be divided into suburbs. So you'd end up backtracking." Upon her return to Sydney, Shine understood her mission on earth: to make the ultimate shopping guide, segregated in suburbs — if not for the good of shopaholics and her glamorous girlfriends, then at least for her own peace of mind.

"My research was through my own shopping knowledge and experience but even if I knew of a place that gave great manicures, I went out and tried it three times. I never told anyone I was researching for a book because I didn't want false service."

The result is a thorough guide to what is what in store — albeit confined to the city's eastern suburbs. And it's up to date.

Along with the usual fashion hot-spots of Paddington and the city is a comprehensive listing of all on offer at the designer mall at Westfield Bondi Junction.

Shopping seems to be ingrained in Shine, who saved up to buy her first designer piece at the age of 12 — a Gucci watch she still brings out for special occasions.

Now a fashion and beauty writer and stylist, Shine also has a passion for acting and has worked in television and as a model.

"I love the fashion but eventually I'd really like to get into television presenting."

Like Shine's favourite Aussie glam girl, Elle Macpherson, Shine is a perfect TV candidate, portraying an image of style and confidence. In the words of the glam guru herself: "Always buy the best. You should have the basic pieces of clothing you love and great accessories to revamp your outfit and make it special."

So out goes the \$100 backpack and welcome Louis Vuitton luggage — complete with all-leather interior. Travel will never be the same.

□ *The Glam Girl's Guide to Sydney Shopping* is available from major bookstores and selected boutiques. Phone 9457 0011 for stockists. Some of the profits go to Fashion Targets Breast Cancer.

Tali's top 10

Suits/pants: Zimmerman
Makeup: Mac, Red Earth, Becca
Shoes: Jimmy Choo
Underwear: La Perla, Elle Macpherson Body Basics
Denim: Bettina Liano, D&G
Casual wear: Christensen Copenhagen, Belinda
Fragrance: Michael Kors, Marc Jacobs
Party frocks: Marni, Collette Dinnigan, D&G
Best blow-dry: Valonz
Haircutters:
Jewellery: Tiffany

